

Contact us

If you have questions or need more information about your procedure, please contact one of our offices.



UNION CITY

3196 Kennedy Blvd, 2nd Floor
Union City, NJ 07087

Phone: 201-795-9080

(se habla Español)

If you need to speak to one of our physicians immediately, please call the office at 201-795-9080.

Fax: 201-795-9434

Office Hours (*may vary*):

Monday 11 am – 7 pm
Tuesday 10 am – 7 pm
Wednesday 11 am – 7 pm
Thursday 11 am – 7 pm
Friday 10 am – 5 pm

TEANECK

718 Teaneck Road
Teaneck, NJ 07666

Phone: 201-795-9080

(se habla Español)

If you need to speak to one of our physicians immediately, please call the office at 201-795-9080.

Fax: 201-795-9434

Office Hours (*may vary*):

Friday 10 am – 5 pm



Felipe Orellana, DO / Juan Gonzalez, MD / German Costa, MD / Igor Kofman, MD / Michelle Diaz, PA

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NORTHERN NEW JERSEY

HolyName Medical Partners 

718 Teaneck Road, Teaneck NJ
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Same-Day Surgery **Patient Information**

Thank you for entrusting your surgical procedure to **Surgical Specialists of North Jersey.**

What you need to know prior to your procedure

All pre-admission testing must be complete before your scheduled procedure date.

- Pre-admission tests should be completed at least 1 week prior to your procedure date. Transportation can be arranged for pre-admission testing. Please call our office 201-795-9080 two business days prior to your appointment to schedule transportation.
- Please call **201-833-7000, option #3**, to schedule your pre-admission testing.
- Discontinue anticoagulants as directed by your physician.
- Medical Clearance is needed by a designated physician **one week** prior to your surgical procedure.
- COVID-19 testing will be arranged 72–84 hours prior to any routine surgical procedures.

Please call the office at **201-795-9080** if you experience changes in your health prior to surgery.

- Cold or flu-like symptoms
- Fever
- Sore throat
- Cough

Please bring the proper documentation on the day of your procedure for registration.

- Personal identification and important documentation
 - Valid driver's license or passport
 - Medical insurance cards
 - Advanced directive
 - Power of attorney (if necessary)
 - Pacemaker/ICD card (if applicable)
 - Sleep apnea machine and mask (if applicable)



Please bring a list of current medications you are taking.

- Name of medication on the bottle
- Dose of medication
- Frequency with which medication is taken (i.e. once a day, twice a day)

Please do not wear any jewelry, a watch, or contact lenses and remove all piercings on the day of your surgery.

Instructions 24 hours prior to your surgery

DO NOT eat or drink after midnight.

- Sips of water are acceptable for the purpose of taking medications.

Day of procedure

Continue to take your prescribed medications as instructed by your surgeon up to 2 HOURS before your procedure.

DO NOT EAT or DRINK anything besides your prescribed medications as this may delay or cause a reschedule of your procedure.

- No gum
- No candy
- No breath mints
- Please brush your teeth, but do not swallow.

Please arrive 2 HOURS prior to your procedure time to allow for registration and pre-operative preparations.

Please arrange for transportation on the day of your surgery. If transportation is unavailable, please call our office **201-795-9080 two business days** prior to your surgery date and we will gladly arrange transportation.

